



## Tuning your board

Tuning your board has a big impact on how well you ride. Experiment with the following adjustments to figure out how to adjust your board to best fit your riding style:

Center Wheel Height determines the amount of rocker on your board.

Extending center wheel away from deck increases the rocker making it less likely to catch a downhill edge but harder to transition between toe and heel side turns. If you tip your board to one side, there must be least an index finger s width of clearance between the lifted edge wheels and the ground in order for board to slide properly. Always set your two center wheels to the same height. Freebord recommends starting with the center wheels in the fully extended position.

Truck Tension determines how tight you will be able to carve a turn.

Looser trucks allow for deeper/tighter carving. Tighter trucks make it easier to initiate slides. Lighter riders will want looser trucks than heavier riders. Freebord recommends front truck be slightly looser than back to help initiate turns.

For more detailed riding tips, check out the Learn 2 Ride section of the Freebord DVD. Or give us a call at 415-285-2673 and talk directly to a rider.